



JUNE MEMBER SPOTLIGHT



George Baxter

I rode a tidal wave of success, national trial lawyer of the year, multi-million dollar awards, supreme court victories and a good marriage.

From meager beginnings I reached the pinnacle of life. From the outside I was cool, positive and confident in a world of stress and constant thought. But inside, something was happening to me, the anxiety, insomnia and fear of life began to take hold. The successful persona that I created of myself evaporated into thin air. Divorced, failed relationships I no longer recognized me. A shift in my life had occurred that blocked all the good things.

I sat alone one evening wondering where I disappeared to and how empty life had become when an email appeared on my lap top. It was from CGI and promised that if I did the Shim Sung workshop that I would meet my "True Self." I knew then it was calling me.

The Shim Sung workshop taught me to watch and observe myself, letting go of pre-conceptions, self-judgment, and to calmly observe my thoughts and emotions. Slowly I began to still the chatter of my busy mind, peel away the layers of blockage to a level of clarity and peace. And, then a glimpse of my "True Self" emerged.

It was so incredible that I intensified the effort with personal healing sessions with Master Michelle Moon. As the blockages cleared I felt connected to my True Self or Essence. This freedom nourishes me so that I flourish consistent with my true purpose in life.

Inner growth is a life's journey but I know that if we tap into the acute awareness of who we are and let go of who we are not, we will reach our potential.

George B.